



Lorton Community  
Action Center

*A Hand-up, Not a Hand-out.*

## Donation/Food Drive Options

Interested in helping to stock our shelves? Please contact Christen Scott, LCAC's Director of Volunteers by email [Christen@LortonAction.org](mailto:Christen@LortonAction.org) with the school you attend, the number of hours needed and their completion date.

Students are encouraged to speak with their teachers/counselors to determine if there are any restrictions on the type of projects which may be considered for service hours. Some schools permit food drives as a viable option to obtain service hours.

Drop off of donations takes place weekly on Tuesday's from 3:00 to 5:00 at the LCAC Food Pantry (9518 Richmond Highway, Lorton/cream colored rectangular building). You are required to bring the [Student Donation Hour Sheet](#) for verification of hours.

In order to ensure a smooth drop off of donations please contact Erin Morris, Director of Food & Nutrition at [Erin@LortonAction.org](mailto:Erin@LortonAction.org) or call 703 339-5161 x120.

If you have questions, please reach out to Christen or Erin.

You may receive five hours of volunteer service for each of the following food drive options.

**Option A: collect items to prepare three (3) "A" Bags:** this bag is our non-perishable bag that is given to every family that comes in the pantry (we go through about 250 "A" bags weekly)

"A" bags contain the following:

Green veggie	Soup
Corn	Tuna
Canned fruit	Pasta
Pasta sauce	Macaroni/cheese

**Option B: collect items to prepare three (3) Clean Start Bags:** this bag is given quarterly (if we have it) to each of our 250 families

Clean Start bags contain the following:

Laundry detergent (64 oz)	2 bars of soap
4 rolls toilet paper	1 bottle of shampoo
1 tube toothpaste	4 toothbrushes



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**Option C: Organize/Sponsor a GiveHealthy! Online Food Drive:** GiveHealthy! is an online food drive platform where donors can choose what to donate from your drive page. At the end of the drive, all food will automatically be delivered to LCAC's pantry. If you are interested in this option, please contact Erin at [Erin@LortonAction.org](mailto:Erin@LortonAction.org) to discuss the process.

**Option D: collect items and prepare three (3) "Kids Packs":** this bag is provided each Friday and throughout the summer to children in our neighborhood.

Each gallon size Zip-lock bag should contain two items from each category:

**Breakfast:** oatmeal, small cereal box, granola bar, etc.

**Lunch:** cheese/crackers, cup of soup, peanut butter crackers, etc.

**Dinner:** easy mac/cheese, beef ravioli, etc.

**Snacks:** applesauce, pudding, fruit cup, fruit snacks, etc.

**Drinks:** 1 juice box

**Option E: Food items to create one (1) Thanksgiving Food Basket** NOTE: option is only available from October to mid-November

- Go to [LortonAction.org](http://LortonAction.org) and click on the "Services" button and then "Seasonal Outreaches" to find the Thanksgiving food basket list, email Christen Scott at [Christen@LortonAction.org](mailto:Christen@LortonAction.org) or call 703-339-5161, ext. 170 for additional information.

**Option F: Food items to complete two (2) Holiday Meal boxes** NOTE: option is only available from mid-October to mid-December

- Go to [LortonAction.org](http://LortonAction.org) and click on the "Services" button and then "Seasonal Outreaches" to find the Holiday meal list, email: [Christen@LortonAction.org](mailto:Christen@LortonAction.org) or call 703-339-5161, ext. 170 for additional information.

Thank you for helping families in our community!