



# *Annual Report*

## *Fiscal Year 2016*



# LCAC's Services

Fiscal Year 2016 (July 1, 2015 – June 30, 2016)



## YOUR support provides hope!

For 41 years, the Lorton Community Action Center (LCAC) has been here, helping families, seniors and military members who each day are faced with painful choices:

Do I:

Feed my family or pay the rent?

Can I get the calculator my teen needs or do I get her prescription?

Will I pay our water bill or put gas in the car?

The list of choices seems endless ...

**You** – as a community member, business leader, public servant, volunteer, donor, and individual – have ensured that grandmothers and grandfathers, single moms, single dads, working parents with children, enlisted military men and women have a resource to help them address basic needs for survival: food, shelter, and clothing.

A widowed senior, Miss Rosa receives SSI of \$832 each month. This 68 year old woman was struggling to make it up the steps to her 2<sup>nd</sup> floor apartment. A recent opening for a ground floor unit became available in her apartment complex. Unfortunately Miss Rosa couldn't afford the transfer fee of \$350 and pay her rent as well. Despite LCAC's request to waive the fee, the complex required the \$350 payment. YOUR continued support enabled LCAC to pay the transfer fee. Miss Rosa is now in a ground floor apartment. Each year, LCAC solves housing crises for almost 90 households, paying an average of \$500 each time an issue arises. Your support enables LCAC to help people like Miss Rosa, a widowed senior living on fixed income!

YOU made that possible.

Read on to learn more about the many ways the community, businesses, volunteers and individuals like **you** have made an impact in local lives and the quality of life in your community through your support of the Lorton Community Action Center (LCAC).

# LCAC's Services

Fiscal Year 2016 (July 1, 2015 – June 30, 2016)



## FOOD = HOPE

Imagine having a baby and toddler, both of whom are still in diapers. Imagine paying \$1,100 each month for child care, and your total take home pay is \$1,700 each month. After utilities, gas for the car, and diapers, there's not much left for food. This is Cathy's life and the struggles she faces each day as a single military mom who depends on LCAC's pantry to patch things together. Her first time receiving food, she teared up as the boxes were loaded in her vehicle. Thanks to YOUR generosity, this little family of 3 can receive weekly food in the pantry to help stretch their budget a little further each month. This is not an isolated problem in southeastern Fairfax County. **Each day in Fairfax County, more than 28,000 children are food insecure – meaning there is no reliable access to food today or perhaps tomorrow.**

Food is a basic need that impacts all aspects of one's life, from the ability to concentrate in the classroom and/or at work, to fighting off illness. **LCAC distributed 58,613 bags of food in FY 2016.**

**The food pantry, our largest service area, had 10,537 visits from households in need.** Families may visit the pantry once each week throughout the year.

Thanks to the support of countless community groups, faith communities, youth groups, individuals, and scout groups - thousands of seniors, children and families in Southeastern Fairfax County will be food secure through our work TOGETHER at LCAC.

### **Food by the numbers for July 1, 2015 - June 30, 2016:**

- LCAC food pantry distributed **461,834 pounds (or 230 tons!)** of food.
- Food was distributed to 580 households representing 2,082 individuals.

*(Note: These numbers are unduplicated meaning that if a person comes 6 times throughout the year for food they are only counted once).*

# LCAC's Services

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## CLOTHING = DIGNITY

A death in the family, kids who are growing constantly, or a new job could mean a new life for a low-income family...what happens when you can't afford to clothe your growing child or you lack the required shirt for your new job?

Individuals and families utilize LCAC's voucher program on a regular basis which enables them to shop at *Lorton's Attic* for essential clothing, interview outfits and household items. Individuals and families are eligible for one voucher in a three month period unless there are extenuating circumstances.

Thanks to the generosity of hundreds of people like YOU, *Lorton's Attic* has a wide array of clothing, furniture and housewares to offer to people who need it most!

### Clothing and furniture by the numbers for July 1, 2015 - June 30, 2016:

- Clothing was distributed to 222 individuals.
- 121 individuals benefitted from furniture through *Lorton's Attic*.
- \$3,517 is the value of clothing distributed to those in need.
- \$2,797 is the value of furniture given to those who need it most.



Deloitte volunteers on IMPACT Day 2016 in *Lorton's Attic*.

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## FINANCIAL ASSISTANCE = SHELTER

A costly car repair left Trinia short on cash and unable to pay her utility bill. Then, her son was killed in a tragic accident. Without even being asked, LCAC paid the utility bill once word of the accident reached LCAC staff. In times like these, ensuring that life remain as normal as possible is important for families.

YOU took away this burden of a high cooling bill through your generous support.

Ensuring that people are able to stay in their homes is one of LCAC's most important goals. Once someone has been evicted or becomes homeless, it is all the more challenging for someone to get back into a stable environment. Functioning utilities are essential to a safe living environment and can be the difference in remaining in one's home.

In addition to emergency financial assistance with rent and utilities, LCAC also assists individuals with essential prescription needs.

### Financial assistance by the numbers for July 1, 2015 - June 30, 2016:

- LCAC distributed \$124,014 in financial assistance for both housing and utility assistance.
- 88 households representing 252 individuals received housing assistance.
- 174 households representing 587 individuals received utility assistance. This is an **increase of 12%** compared to FY 2015.

*LCAC was able to increase funds distributed through this program by 31% in FY 2016!*

# LCAC's Services

Fiscal Year 2016 (July 1, 2015 – June 30, 2016)



## SELF SUFFICIENT = CONFIDENCE

Once the basic needs for survival (food, shelter and clothing) have been addressed, a person then has the capacity to focus more effectively on improving their skills to



build a stable life and be a contributing member of our community. LCAC offers English-as-a-Second language courses three times a year. These classes give people the skills to communicate more effectively in English speaking, listening, reading and writing. The curriculum focuses on teaching skills that are important to functioning successfully in the workplace as well as in the community.

Students prepare spaghetti squash in the Basic Nutrition class.

LCAC also offers a six-week Basic Nutrition class twice each year that teaches participants proper food handling, kitchen safety, food preparation, how to read food labels, how to shop and how to prepare healthy foods on a budget! Students who complete the basic course are then eligible for “Graduate” courses that go deeper into a variety of nutrition and health-related topics.

Pro bono legal assistance for civil matters is available to low income individuals and families through LCAC's partnership with the Northern Virginia Pro Bono Law Center, a program of the Fairfax Law Foundation.

### Self - sufficiency by the numbers for July 1, 2015 - June 30, 2016:

- 44 students participated in LCAC's ESL course – directly impacting 109 individuals in those immediate households.
- 20 households participated in the Basic Nutrition class impacting the lives of 77 people and 20 households participated in the Graduate Nutrition class impacting the lives of 76 individuals.
- 23 households received Pro Bono legal assistance, impacting the lives of 79 individuals.

# LCAC's Services

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## YOUTH SERVICES = OPPORTUNITIES FOR THE FUTURE



Students celebrate learning in our tutoring program.

*“Jane has made tremendous gain throughout second grade! I truly believe that her tutor worked on reading weekly, and she has shown the most growth in reading. Jane has also gained self-confidence when reading...I truly believe the additional support helped Jane strive this year!”*

The impact of LCAC's tutoring program is apparent. This program, which operates weekly October –June each year at the Lorton Library has a dedicated team of volunteers who focus on 15 children who are below grade level at reading or math.

Every August, thanks to the incredible generosity of you and countless other community members, local children are assured that they have the “Tools for School” through LCAC's annual Back 2 School supply drive.

Partnering with two area elementary schools, LCAC's after school programs, a partnership with two area elementary schools operates each fall and spring, providing children the opportunity for enrichment programs such as Lego Robotics, Dance, Art, Cooking, and Environmental Investigators, along with a variety of other experiences, all in a safe environment. Students receive homework help and a snack, in addition to the enrichment experience.

### Youth services by the numbers for July 1, 2015 - June 30, 2016:

- 15 students were tutored one-to-one in LCAC's 9-month tutoring program.
- 621 children from 283 households received back packs and school supplies for the 2015-16 school year.
- 524 children participated in after school programs at William Halley and Gunston Elementary Schools.

# LCAC's Services

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## SEASONAL ASSISTANCE = JOY and HOPE

The holiday season is not always easy for LCAC families. No food for the holiday, no gifts for children, or no winter coats may be a reality for many of the households we serve.



However, thanks to many individual donors, local faith communities, and businesses, hundreds of holiday gifts are collected by LCAC and distributed to local families and senior citizens. A gift is so much more than just a gift. It is a powerful sign that someone is thinking about you, which can make a huge impact in one's outlook on the world!

The Moose Family set up with thousands of coats for the Warm Coat outreach.

### Seasonal assistance for July 1, 2015 - June 30, 2016:

- Thanksgiving food "baskets" were distributed to 422 households representing 1,633 individuals.
- 448 different households totaling 1,719 individuals (including senior and disabled adults and military families) received holiday food and gifts.
- LCAC distributed more than 1,500 winter coats to families in the community and provided more than 1,000 other coats to area schools, UCM, New Hope Housing, Rising Hope UMC and ALIVE to give to other low-income individuals.

# LCAC Board of Directors & Staff



## ***Executive Board***

President: Ron Kowalski, *Ron Kowalski Realty Group with Keller Williams*

Vice President: Paul Thieberger, *Owner, K & B Plumbing/Monsalvat, LLC*

Treasurer: AJ Bullock, *Comptroller, Army Program Manager Office*

Secretary: Edwardene Pitcock, *Retired Accountant*

## **Board Members**

Esther Baca, *Admin Assistant, Fairfax County Public Schools*

Pam Dettelbach, *Office Manager, Superior Laminates*

Marvin Miller, *Attorney, Marvin D. Miller & Associates*

Barbara Redmon, *Systems Architect, General Dynamics*

Judy Schmid, *Retired Registered Nurse*

Bruce Scott, *President and CEO, The George and Carol Olmsted Foundation*

Lynn Swogger, *Budget Manager, George Mason University*

Peter Weyland, *Owner, Look.Net Internet Services*

## **LCAC Staff**

Executive Director	Linda Patterson
Director of Development	Brandy Simpson
Director of Client Services	Ryan Brown
Director of Food & Nutrition	Stephenie Hart
Director of Volunteers	Christen Scott
Manager of Client Education	Camille Sanchez
Thrift Store Manager	Melissa Deutsch
Operations Manager	Nancy Escue
Food Program Helper	Alan Salisbury
Bookkeeper	Joyce Jordan

# IN-KIND Donations



## IN-KIND DONATIONS:

### VITAL TO ONGOING ASSISTANCE, SELF-SUFFICIENCY PROGRAMS AND EMERGENCY SERVICES

In-kind donations (also referred to as leveraged support) of food, furniture, housewares, clothing and professional services enable LCAC to provide a myriad of services to the community that would otherwise not be possible.

**Thank you** to everyone who contributed in the areas outlined below between July 1, 2015 and June 30, 2016:

Category	Value of In-kind Services/Item
<b>Donated Professional Services</b> <i>(Printing, advertising, graphic design services)</i>	\$ 22,423
<b>Food</b>	
<i>Capital Area Food Bank (CAFB)</i>	\$199,324
<i>Grocery stores</i>	\$328,265
<i>Private Donations</i>	\$266,781
<b>Gala (auction items)</b>	\$ 26,408
<b>Christmas Food, Gifts and Gift Cards</b>	\$67,726
<b>Pro Bono Legal Assistance</b>	\$1,100
<b>Space &amp; Utilities</b>	
<i>Fairfax County (office and utilities)</i>	\$2,400
<i>Harbour View (Gala)</i>	\$6,000
<i>Lorton Library (tutoring)</i>	\$1,300
<i>Lorton Senior Center (ESL classes)</i>	\$15,500
<i>Woodbridge Moose Family Center #583</i> <i>(Back-to-School and Holiday distribution)</i>	\$9,500
<b>Thanksgiving Food Baskets and Gift Cards</b>	\$90,716
<b>Thrift store donations (furniture, house wares, clothing, etc.)</b>	\$344,695
<b>Total In-Kind Donations</b>	<b>\$1,382,138</b>

# Financial Summary



## FY 2016 Financials

*Statement of Activities and Changes in Net Assets for the Year ended June 30, 2016*

### Support & Revenue

Contributions & Grants	\$	371,114
Special Events	\$	165,656
Non-cash contributions	\$	33,398
Thrift Store Sales	\$	175,370
Interest and dividends	\$	88,352
Unrealized gain (loss) on investments	\$	(41,166)

Net assets released from restrictions	\$	-
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<b>Total Support &amp; Revenue</b>	\$	<b>792,724</b>
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### Expenses:

Program Expenses		
Crisis Intervention	\$	316,550
Self Sufficiency	\$	94,889
Ongoing Assistance	\$	151,287
Youth	\$	31,489
Thrift Shop	\$	133,425
Management & General	\$	19,373
Fundraising	\$	57,352
Special events - direct expenses	\$	58,550

Total Expenses	\$	862,915
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Change in net assets	\$	( 70,191)
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Net Assets at beginning of the year	\$	2,506,001
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<b>Net Assets at end of year</b>	<b>\$</b>	<b>2,435,810 *</b>
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*\*The Board of Directors voted to set aside \$1,950,000 from normal operating funds for a capital asset fund. Interest earned on this money will also be set aside in anticipation of obtaining a new facility. As of June 30, 2016, the Board Designated fund totaled \$2,088,749.*



*Client Services and Pantry:*

9518 Richmond Highway (U.S. Route 1)  
Lorton, VA 22079

*Mailing Address:*

LCAC  
P.O. Box 154  
Lorton, VA 22199-0154

*Thrift Store:*

*Lorton's Attic*  
9506 Richmond Highway (U.S. Route 1)  
Lorton, VA 22079

*Education Center:*

9504 Richmond Highway  
Lorton, VA 22079

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