



# *Annual Report*

## *Fiscal Year 2017*



# LCAC's Services

Fiscal Year 2017 (July 1, 2016 – June 30, 2017)



## **YOUR support provides hope!**

For 42 years, the Lorton Community Action Center (LCAC) has been here, helping seniors, parents, disabled adults and military members who each day are faced with painful choices:

Should I feed my family or pay the rent?

Can I get the shoes my teen needs or do I get her eye glasses?

Will I pay our gas bill or reload my SmartTrip card so I can get to work?

**You** – as a community member, business leader, public servant, volunteer, donor, and individual – have ensured that grandmothers and grandfathers, single moms, single dads, working parents with children, enlisted military men and women have a resource to help them address basic needs for survival: food, shelter, and clothing.

The Lorton Community Action Center (LCAC) has helped Fran for a number of years. Fran receives SSI of \$735 each month as a result of her battle with mental illness. Fran was unable to pay for her rent and utilities on a monthly basis due to her limited income. LCAC worked with Fran to find a less expensive apartment for her. We helped her to move her furniture and will continue to deliver food weekly as we check on her, striving to keep her stable and in her home. Fran has begun to knit again, one of her favorite past times. **Your support enables LCAC to help people like Fran, a disabled woman living on fixed income!**

YOU made that possible.

Read on to learn more about the many ways the community, businesses, volunteers and individuals like **you** have made an impact in local lives and the quality of life in your community through your support of the Lorton Community Action Center (LCAC).

# LCAC's Services

Fiscal Year 2017 (July 1, 2016 – June 30, 2017)



## FOOD = HOPE

More than 7% of the families served at LCAC are active duty military. Life as an E1-E5 in Northern Virginia is tough, especially when moving here from other areas with a lower cost of living. Families receive an average of 5-6 bags of food, totaling more than 40 pounds (non-perishable items, fresh produce and bread products, dinner meats or seafood, and cereal/snack items for children.) Additionally, the pantry provides diapers, baby items and cleaning products as the stock is available.

Kate is the non-military spouse in one of our families that LCAC serves each Friday. Health challenges and life as an E3 family for Kate, her husband and children at times are difficult. She says, "LCAC's pantry has meant that we never have to make the choice between other needs and food. I am grateful that LCAC provides this support to military families."

Each year, LCAC receives more than \$1.4 million in non-cash donations (clothing, furniture, food, toys, gift cards), that are then given to the thousands of clients seen by LCAC through our various programs, or (for clothing and furniture) sold through our thrift store and funds raised help pay for emergency rent, utility or food needs. **All types of donations can impact a family, senior or military member in need!**

Food is a basic need that impacts all aspects of one's life, from the ability to concentrate in the classroom and/or at work, to fighting off illness. **In FY 2017, LCAC distributed 59,613 bags of food through the pantry and had 10,735 visits from households in need.** Families may visit the pantry once each week throughout the year.

### **Food by the numbers for July 1, 2016 - June 30, 2017:**

- LCAC food pantry distributed **442,333 pounds (or 221 tons!)** of food.
- Food was distributed to 530 households representing 1,923 individuals. *(Note: These numbers are unduplicated meaning that if a person comes 6 times throughout the year for food they are only counted once).*

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## CLOTHING = DIGNITY

What happens when you can't afford to clothe your growing child or you lack the required shirt for your new job? Individuals and families who are registered for services with LCAC can utilize the voucher program on a regular basis which enables them to shop at *Lorton's Attic* for essential clothing, interview outfits and household items. Individuals and families are eligible for one voucher in a three month period for children, and one every six months for adults, unless there are extenuating circumstances.

Thanks to the generosity of hundreds of people like YOU, *Lorton's Attic* has a wide array of clothing, furniture and housewares to offer to people who need it most!

### Clothing and furniture by the numbers for July 1, 2016 - June 30, 2017:

- Clothing was distributed to 193 individuals.
- 95 individuals benefitted from furniture through *Lorton's Attic*.
- \$1,520 is the value of clothing distributed to those in need.
- Furniture given to those who need it most was valued at \$2,217.



*Lorton's Attic's* clothing room has almost everything you could think of for anyone in the family!

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## FINANCIAL ASSISTANCE = SHELTER

Georgia is a 66 year old senior who lives alone. Two high utility bills left her unable to pay her rent. Balancing all her bills on \$600 each month is tough if you ask Georgia. "I've learned how to cut lots of corners."

In the late spring, she visited LCAC and desperation could be heard in her voice. She explained that she was behind in her rent and the past due date had come and gone. An impending court date loomed.

LCAC worked with Georgia to pay her rent and catch up all her utilities so she could get back on her feet again.

In addition to emergency financial assistance with rent and utilities, LCAC also assists individuals with essential prescription needs.

### Financial assistance by the numbers for July 1, 2016 - June 30, 2017:

- LCAC distributed \$53,639 in financial assistance for housing needs. 106 households representing 309 individuals avoided homelessness. This is an **increase of 20%** compared to FY 2016.
- 177 households totaling 631 individuals received utility assistance. More than \$109,576 was spent through LCAC and Energy Share funds for utilities in FY 2017.

*LCAC was able to increase funds distributed through this program by 32% in FY 2017!*

# LCAC's Services

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## SELF SUFFICIENT = CONFIDENCE



Once the basic needs for survival (food, shelter and clothing) have been addressed, a person then has the capacity to focus more effectively on improving their skills to build a stable life and be a contributing member of our community. LCAC offers English-as-a-Second language

courses three times a year. These classes give people the skills to communicate more effectively in English speaking, listening, reading and writing. The curriculum focuses on teaching skills that are important to functioning successfully in the workplace as well as in the community.

LCAC also offers a six-week Basic Nutrition class twice each year that teaches participants proper food handling, kitchen safety, food preparation, how to read food labels, how to shop and how to prepare healthy foods on a budget, called *Create My Plate*. Students who complete the basic course are then eligible for “Graduate” courses that go deeper into a variety of nutrition and health-related topics.

Pro bono legal assistance for civil matters is available to low income individuals and families through LCAC's partnership with the Northern Virginia Pro Bono Law Center, a program of the Fairfax Law Foundation.

### Self - Sufficiency by the numbers for July 1, 2016 - June 30, 2017:

- 52 students participated in LCAC's ESL course.
- 30 households participated in the Basic Nutrition class impacting the lives of 124 people and 24 households participated in the Graduate Nutrition class impacting the lives of 98 individuals.
- 14 households received Pro Bono legal assistance.

# LCAC's Services

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## YOUTH SERVICES = OPPORTUNITIES FOR THE FUTURE

The impact of LCAC's tutoring program is apparent to students, parents and school staff. This program, which operates weekly October – June each year at the Lorton Library has a dedicated team of volunteers who focus on 15 children who are below grade level at reading or math.

Every August, thanks to the incredible generosity of you and countless other community members, local children are assured that they have the "Tools for School" through LCAC's annual Back 2 School supply drive.

Partnering with two area elementary schools, LCAC's after school programs, a partnership with two area elementary schools operates each fall and spring, providing children the opportunity for enrichment programs such as Lego Robotics, Juggling, Imagine This, Coding Creations and Junior Rangers, along with a variety of other experiences, all in a safe environment. Students receive homework help and a snack, in addition to the enrichment experience.



LCAC also provides free summer lunch to area children and summer programming to children in our area!

### Youth services by the numbers for July 1, 2016 - June 30, 2017:

- 15 students were tutored in LCAC's one-to-one program.
- 580 children from 272 households received back packs and school supplies for the 2016-17 school year.
- 572 children participated in after school programs at William Halley and Gunston Elementary Schools.

# LCAC's Services

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## SEASONAL ASSISTANCE = JOY and HOPE



Santa and two of our "LCAC" kids at our holiday outreach.

The holiday season is not always easy for LCAC families. No food for the holiday, no gifts for children, or no winter coats may be a reality for many of the households we serve.

However, thanks to many individual donors, local faith communities, and businesses, hundreds of holiday gifts are collected by LCAC and distributed to local families and senior citizens. A gift is so much more than just a gift. It is a powerful sign that someone is thinking about you, which can make a huge impact in one's outlook on the world!

### Seasonal assistance for July 1, 2016 - June 30, 2017:

- Thanksgiving food "baskets" were distributed to 502 households representing 1,854 individuals.
- 494 different households totaling 1,821 individuals (including senior and disabled adults and military families) received holiday food and gifts.
- LCAC distributed more than 1,300 winter coats to families in the community and provided more than 1,100 other coats to area schools, UCM, New Hope Housing, Rising Hope UMC and ALIVE to give to other low-income individuals in the greater Fairfax area.

# LCAC Board of Directors & Staff



## ***Executive Board***

President: Ron Kowalski, *Ron Kowalski Realty Group with Keller Williams*

Vice President: Paul Thieberger, *Owner, K & B Plumbing/Monsalvat, LLC*

Treasurer: AJ Bullock, *Comptroller, Army Program Manager Office*

Secretary: Edwardene Pitcock, *Retired Accountant*

## **Board Members**

Esther Baca, *Admin Assistant, Fairfax County Public Schools*

Pam Dettelbach, *Office Manager, Superior Laminates*

Marvin Miller, *Attorney, Marvin D. Miller & Associates*

Judy Schmid, *Retired Registered Nurse*

Bruce Scott, *President and CEO, The George and Carol Olmsted Foundation*

Lynn Swogger, *Budget Manager, George Mason University*

Peter Weyland, *Owner, Look.Net Internet Services*

## **LCAC Staff**

Executive Director	Linda Patterson
Director of Development	Brandy William
Director of Client Services	Ryan Brown
Director of Food & Nutrition	Stephenie Hart
Director of Volunteers	Christen Scott
Manager of Client Education	Camille Sanchez
Thrift Store Manager	Melissa Deutsch
Operations Manager	Nancy Escue
Program Assistant	Laura Garcia
Bookkeeper	Joyce Jordan

# IN-KIND Donations



## IN-KIND DONATIONS:

### VITAL TO ONGOING ASSISTANCE, SELF-SUFFICIENCY PROGRAMS AND EMERGENCY SERVICES

In-kind donations (also referred to as leveraged support) of food, furniture, housewares, clothing and professional services enable LCAC to provide a myriad of services to the community that would otherwise not be possible.

**Thank you** to everyone who contributed in the areas outlined below between July 1, 2016 and June 30, 2017:

Category	Value of In-kind Services/Item
<b>Donated Professional Services</b> <i>(Printing, advertising, graphic design services)</i>	\$ 21,889
<b>Food</b>	
<i>Capital Area Food Bank (CAFB)</i>	\$148,844
<i>Grocery stores</i>	\$352,022
<i>Private Donations</i>	\$259,947
<b>Gala (auction items)</b>	\$ 21,571
<b>Christmas Food, Gifts and Gift Cards</b>	\$77,160
<b>Pro Bono Legal Assistance</b>	\$1,000
<b>Space &amp; Utilities</b>	
<i>Fairfax County (office and utilities)</i>	\$18,000
<i>Harbour View (Gala)</i>	\$6,000
<i>Lorton Library (tutoring)</i>	\$1,300
<i>Lorton Senior Center (ESL classes)</i>	\$16,000
<i>Woodbridge Moose Family Center #583</i> <i>(Back-to-School and Holiday distribution)</i>	\$9,000
<b>Thanksgiving Food Baskets and Gift Cards</b>	\$60,443
<b>Back 2 School Donations</b>	\$36,499
<b>Thrift store donations</b> <i>(furniture, house wares, clothing, etc.)</i>	\$202,447
<b>Total In-Kind Donations</b>	<b>\$1,232,122</b>

# Financial Summary



## FY 2017 Financials

*Statement of Activities and Changes in Net Assets for the Year ended June 30, 2017*

### Support & Revenue

Contributions & Grants	\$	440,977
Special Events	\$	208,956
Non-cash contributions	\$	38,278
Thrift Store Sales	\$	202,716
Interest and dividends	\$	43,755
Unrealized gain (loss) on investments	\$	76,418
Realized gains	\$	3,225
Net assets released from restrictions	\$	-
<b>Total Support &amp; Revenue</b>	\$	<b>1,014,325</b>

### Expenses:

Program Expenses		
Crisis Intervention	\$	311,661
Self Sufficiency	\$	138,757
Ongoing Assistance	\$	148,174
Youth	\$	23,499
Thrift Store	\$	132,907
Management & General	\$	37,122
Fundraising	\$	51,896
Special events - direct expenses	\$	73,419
Total Expenses	\$	899,867
Change in net assets	\$	114,739
Net Assets at beginning of the year	\$	2,435,810
<b>Net Assets at end of year</b>	\$	<b>2,550,549*</b>

*\*The Board of Directors voted to set aside \$1,950,000 from normal operating funds for a capital asset fund. Interest earned on this money will also be set aside in anticipation of obtaining a new facility. As of June 30, 2017, the Board Designated fund totaled \$2,194,579.*



*Client Services and Pantry:*

9518 Richmond Highway (U.S. Route 1)  
Lorton, VA 22079

*Mailing Address:*

LCAC  
P.O. Box 154  
Lorton, VA 22199-0154

*Thrift Store:*

*Lorton's Attic*  
9506 Richmond Highway (U.S. Route 1)  
Lorton, VA 22079

*Education Center:*

9504 Richmond Highway  
Lorton, VA 22079

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